

The background features a light blue gradient with a faint world map. Overlaid on the map are several semi-transparent silhouettes: a hand reaching up from the top right, a hand reaching down from the top left, and a dog's head and front paws on the right side.

Sharing Ideas for teaching a Tellington TTouch Workshops for Dogs

Plan for your audience

- There is a lot of scope e.g Basic Introduction to TTouch or maybe a more dedicated workshop for puppies or senior dogs or reactive dogs

Plan for your Audience (continued)

- **TTouch for puppies** may need more careful planning as a whole day can be much too long for a young puppy. However, if you teach puppy classes or have a contact who does, it is possible to teach a really effective dedicated workshop. New puppy folk are often happy to bring their pup into the workshop for an hour so you can teach the basics with stuffies and stagger times for the puppies to be there for practical work.
- **TTouch for Senior Dogs** is a lovely workshop to offer for dogs who need help to keep moving as effectively as possible and resting well
- **TTouch for Reactive Dogs** is very specialized and we don't really have time to go into all that is required tonight.

Plan for your audience

- There is a lot of scope e.g Basic Introduction to TTouch or maybe a more dedicated workshop for puppies or senior dogs or reactive dogs
- Follow on Workshops for those who would like to learn more and advance their skills

Follow on Workshops

- You will be amazed how quickly the time passes when teaching a workshop. As we all know .. TTouch is a huge body of work and we just love to share as much as possible. However, try not to overload your clients.
- Teach a few basic TTouches and leading techniques. Ensure that your clients are confident to go home and continue to practice them. If successful, they are much more likely to want to learn more.
- Obtain permission to let clients know when you schedule follow on Workshops

Plan for your audience (continued)

- Teach what you are comfortable to teach and don't be afraid to restrict number of people and/or dogs below the level you are allowed to teach
- Group workshops are not the ideal environment for dogs who can be reactive to people and other dogs – unless it is a dedicated workshop to help with reactive behaviour
- It is helpful to split into pairs or groups of three for practical exercises so there can effectively be more people than dogs at a workshop

Where to seek a venue?

- Scout groups
- Church halls
- Dog training venues
- Social media
- Riding School
- Secure fields

Check venues properly

- Parking facilities
- Safe entry and exit points to the building/training room
- Exercise area and clean up facilities
- Kitchen/toilet facilities
to look for in a
- Access/toilet facilities for clients with disabilities
- Chairs provided or do clients need to bring their own?
- Is the floor surface suitable?
- Clean up facilities for any dog toileting accidents indoors

Advertising your workshop

- Give plenty of time – creates the opportunity to offer an ‘early bird discount
- Include contact information, date, venue details and price in your advert
- Use social media to let people know who you are
- Use Facebook groups which purely advertise up coming events/workshops
- use your email list of past/present clients if you have permission to do so
- Ensure that you acknowledge enquiries/bookings by replying promptly
- Create access to booking form online ... or post one out.

Creating a booking form

- Be clear about what the client needs to bring with them for their dog e.g. bowl, bed/crate, treats etc.
- Be clear about what you will provide or not e.g. facilities to make hot/cold drinks, light refreshments. Are you providing lunch or do they need to bring a packed lunch? Do they need to bring a chair?
- Be clear that you would like dogs to wear a flat collar and/or non-restrictive harness
- Be VERY clear if your workshop is not suitable for dogs who are reactive to people or other dogs

Creating a registration form

- Name, address, telephone number and email address (with a permission tick box to contact re future events)
- Any health, disability, mobility issues or special needs to be aware of
- Emergency contact number
- Dogs name, breed, age, any health problems.
- What do they most love about their dog? What would they like to change about their dog (if anything)?
- What interests them about Tellington TTouch

Workshop Equipment

- Spare flat collars, leads, harnesses suitable for Tellington TTouch
- Bodywraps, T-shirt, Thundershirt
- Rope for harnesses, beeline, sliding lines
- Spare swivel clips (useful for above)
- Groundwork Equipment

Examples of Groundwork Equipment

- Labyrinth can be made from poles, pool noodles, rope, guttering
- Surfaces – carpet squares, rubber mats, lino, bath mats
- Cones and poles
- Plastic steps and ramps
- Buckets/bowls
- Licky mats

Additional Workshop Equipment

- Clean up equipment – mops/cloths disinfectant
- White board or flip chart (if you have one) and markers
- Paper, pens or pencils
- Extra kettle to speed up hot drink making
- Refreshments
- Accident Book
- Evaluation forms and attendance certificates

Light Refreshments

The background features a light blue gradient with a faint, stylized illustration of a person's hands holding a globe. The hands are positioned at the top, with fingers spread, and the globe is centered below them. The globe shows continents in a darker shade of blue. The overall aesthetic is clean and modern.

- Makings for hot drinks – tea, coffee, hot chocolate
- Bottled water
- Biscuits
- Cakes

Insurance

The background of the slide features a light blue gradient. In the center, there is a faint, stylized illustration of two hands, one above the other, holding a globe of the Earth. The hands are rendered in a darker shade of blue, and the globe shows the continents in a lighter blue. The overall aesthetic is clean and professional.

- As a practitioner you should already have third party liability and professional indemnity insurance.
- Ensure that your insurance covers you to teach group workshops

Plan your workshop

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- Introductions

Introductions

- You should already have more detailed information about your clients on their registration forms so intros to each other can be kept short to save workshop time.
- A good ice breaker is to ask clients to pair off and introduce each other e.g. name, where from, interest in TTouch, dog's name

Plan your workshop (continued)

The background of the slide is a light blue gradient. It features a faint, stylized globe at the bottom. Overlaid on the globe are several silhouettes: a large hand reaching up from the top center, a person's arm and hand reaching up from the left side, and a person's head and shoulders on the right side. The overall theme is global collaboration and workshop planning.

- Introductions
- Handouts and note taking

Handouts & Note Taking

- Handouts prepared in advance save clients from taking lots of notes. These can be emailed when confirmation of booking is sent to save you the expense of printing them. Your clients then have the option of printing and bringing them to the workshop to make additional notes if they wish. Make sure you convert all handouts to PDF format so that they cannot be altered from your original
- Make sure that there is spare paper and pens/pencils available for clients to take notes

Plan your workshop

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- Introductions
- Handouts
- Timing

Timing

- Make sure you get the the venue with time to fully prepare it and start the workshop on time.
- Make a rough timing plan for yourself to ensure that you cover what you would like to cover and the day runs smoothly
- Let clients know at the start of the day what time you plan to take short refreshment breaks and lunch break
- Although clients will be asking during the workshop, leave half an hour at the end of the day for questions
- When booking a venue leave time for preparation and clean up

Final note - SMILE and enjoy sharing TTouch

- It's natural to be nervous when meeting a new group of people but those nerves will disappear as soon as you begin
- Remember that as a Practitioner you are likely to know more about TTouch than anybody else in the room
- If you don't have an answer to a question asked, just smile and say that you will find out and get back to them with an answer. Clients appreciate that much more than later finding out that you just guessed or made something up ... nobody knows everything